



# Mental Health Conference

hosted by



**BRIDGE CENTER**

## Program

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# BRIDGE CENTER

Oklahoma schools are making the transition to implementing a Multi-Tiered Systems of Support (MTSS) framework. Simply put, implementation of MTSS seeks to 1. Find out who needs help, 2. Give them the help, and 3. See if it worked. The OSU BRIDGE Center team is committed to support districts and agencies across the state as they seek to implement effective and sustainable systems to improve outcomes for our students.

The OSU BRIDGE Center provides customized support for school districts by providing Coaching and Consultation, Training and Resource Development, and Evaluation and Research.

## Coaching and Consultation

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- Provide specialized training and technical assistance on multi-tiered system of supports.
- Individualized coaching for education agencies and community partners.
- Support partners in selecting, implementing, and monitoring programs proven to deliver results for students.
- Coach partners on utilizing the most effective approaches for the well-being and achievement of their school community.

## Training and Resource Development

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- Support State, Region, District, Building, Classroom, Families, and Communities with training and resources for effective MTSS.
- Provide a library of accessible resources to support the effective integration of academic, behavioral, mental health, and special education practices.
- Develop resources and training for addressing identification, intervention, and progress monitoring for students.

## Evaluation and Research

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- Support accountability and transparency with measurable evidence of school sites MTSS efficacy.
- Lead and collaborate regarding research and evaluation of effective prevention and intervention design and implementation.
- Support continuous improvement through data and actionable problem solving backed in research, leading to more effective interventions and better student outcomes.

Visit the OSU BRIDGE Center Website or Scan the QR Code to Learn More and Inquire About Our Services  
[education.okstate.edu/research/centers/osu-bridge-center/](https://education.okstate.edu/research/centers/osu-bridge-center/)



## Parking Information

## Where to Park

1. Park in the **Student Union Parking Garage**.  
You'll see you are in lots marked 65025–65027.
2. When you park, you'll receive a parking slip from the garage.
3. Keep the parking slip **on your dashboard** for the duration of the conference.
4. When you check in for the conference, **you will receive a parking tag provided by us**.
5. You will give this branded parking tag to the parking attendant when leaving.



**Student Union Parking Lot**

# Hotels Near OSU

- **Hampton Inn and Suites Stillwater**
  - 717 E Hall Of Fame Ave, Stillwater, OK, 74075
- **Best Western Plus Cimarron Hotel & Suites**
  - 315 N Husband St, Stillwater, OK, 74075
- **Holiday Inn Stillwater - University West by IHG**
  - 715 S Country Club Rd, Stillwater, OK, 74076
- **Spark by Hilton Stillwater**
  - 423 E Hall Of Fame Ave, Stillwater, OK, 74075
- **Home2 Suites by Hilton Stillwater**
  - 306 East Hall of Fame Ave, Stillwater, OK, 74074
- **The Atherton Hotel At OSU**
  - H 103 Student Union, Stillwater, OK, 74078
- **La Quinta Inn & Suites by Wyndham Stillwater-University Area**
  - 5285 W 6th Ave, Stillwater, OK, 74074
- **Fairfield Inn & Suites Stillwater**
  - 418 E Hall Of Fame Ave, Stillwater, OK, 74075
- **Holiday Inn Express & Suites Stillwater - University Area by IHG**
  - 700 East Krayler Ave, Stillwater, OK, 74075
- **Hampton Inn & Suites Stillwater West**
  - 615 S. Country Club Rd, Stillwater, OK, 74074
- **SpringHill Suites by Marriott Stillwater**
  - 315 S C Star Blvd, Stillwater, OK, 74074
- **Wyndham Garden Stillwater**
  - 600 E McElroy Rd, Stillwater, OK, 74075

# Pre Conference Session

November 13, 2025 1:00pm - 4:00pm Jones Seminar

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## Elevating Mental Health and Belonging through Counselor-Driven School Connectedness

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*Due to limited space. Session is invite only for UPCAAT grant participants.  
Does not qualify for CEU's.*

Strong school connectedness is one of the most effective protective factors for student well-being, academic success, and lifelong mental health. This interactive session invites school mental health professionals to reimagine their roles as connection-builders.

Rooted in the latest research on school connectedness, value-based discipline, and relationship-centered mental health supports, participants will explore a range of evidence-based, ready-to-implement interventions. Whether you're a school counselor, psychologist, administrator, or graduate student, you'll leave with practical ideas to strengthen relationships and support students.

Expect hands-on activities, meaningful discussion, and time to plan for implementation at your site.

### Learning Outcomes

1. Define and assess school connectedness and its role in prevention, engagement, and mental wellness.
2. Apply value-based disciplinary and counseling practices that prioritize relationship, regulation, and restoration over punishment.
3. Implement evidence-based, creative counseling interventions that build trust, regulation, and resilience.
4. Design systems that strengthen staff belonging and wellness, improving school climate and sustainability.
5. Leave with a ready-to-use toolkit of strategies, templates, and creative ideas tailored for school-based mental health professionals.

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### Presented by Lyndsey Brown, Ph.D, LPC

Assistant Professor and Counseling Program Coordinator at Wichita State University. She teaches and mentors graduate students in school counseling while coordinating program initiatives. A former Kansas School Counselor of the Year, Dr. Brown is deeply committed to advancing school connectedness, social-emotional learning, and equity through both research and practice. She presents nationwide on fostering school connectedness by leveraging the unique role of school counselors and is an active leader in professional organizations, serving in multiple roles with the Kansas School Counseling Association and contributing to national conversations.

# SBMH Conference Schedule

November 14, 2025

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## Registration and Breakfast

Check in to receive conference material

8:00am - 8:30am

Traditions Hall

## Flag Presentation and Welcome

OSU ROTC - Sara Rich, Ph.D and Gary Duhon, Ph.D

8:30am - 9:00am

Click Hall

## Keynote

Bea Keller-Dupree, Ph.D, LPC-S

*Burnout Prevention and Collaboration with Community Providers*

9:00am - 10:30am

Click Hall

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## Break and Networking

10:30am - 10:45am

Legacy Hall

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## Breakout 1

10:45am - 11:45am

Kurt Choate, Ph.D

*Multidisciplinary Collaboration for Children with Disabilities*

1A -Jones Seminar

Tessa Chesher, D.O & Bonni Goodwin, Ph.D, LCSW

*Supporting Children in Foster Care*

1B - Barnes Halligan

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## Lunch Session

11:45am - 1:15pm

Rachel Schmitz, Ph.D

*Supporting Student Behavioral Health with Animal-Assisted Intervention*

Click Hall

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## Breakout 2

2:30pm - 2:45pm

1:15pm - 2:30pm

Ryan McKee, M.D, Ryan Brown, M.D. & Julia Smith

*Crisis Triage - Data and Intervention*

2A -Jones Seminar

Jenna Jones, M.S. & Angela Johnson, LPC

*Virtual School Counseling and Mental Health Services*

2B - Barnes Halligan

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## Break and Networking

2:30pm - 2:45pm

Legacy Hall

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## Breakout 3

2:45pm - 4:00pm

Christina Miller, Ph.D

*Meaningful Mental Health Collaboration in Rural Schools*

3A -Jones Seminar

Kathryn Moore, Ph.D & Brit'ny Stein, Ph.D

*Intersection of Special Education and Mental Health*

3B - Barnes Halligan